

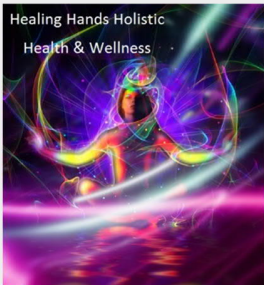


VICTORIA

Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
<p>Area of Yarra Valley, Cardenia, Dandenong Ranges, Online and other areas upon request</p>	<p>Holistic Development & Wellbeing</p> <p>Carina Hillmann</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>info@holisticdevelopmentwellbeing.com</p> <p>0415 600 529</p> <p>www.holisticdevelopment.com.au</p> <p>Facebook: Holistic Development & Wellbeing</p> <p>Registered Social Worker</p> <div data-bbox="719 958 1082 1155" data-label="Image"> </div> <p>Certificate in Meditation Teaching and Holistic Human Development</p> <p>Holistic Counselling</p> <p>Chair Yoga Instructor</p> <p>Bachelor of Social Work</p> <p>Cert IV in Frontline Management- with further qualifications in Social Pedagogy</p> <p>Extensive professional development and expertise in:</p> <p>Mental Health & Wellbeing, Trauma & Attachment, Mindfulness, Holistic Human Development, Stress Management & Advanced Supervision skills</p>	<p>Social Work</p> <p>Holistic Counselling</p> <p>Practitioner Supervision and Reflective practice</p> <p>Meditation Therapist</p> <p>Chair Yoga Instructor</p> <p>Professional Development workshops</p> <p>Personal well-being and self-development workshops</p> <p>On-site visits and Group bookings</p>






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Ballarat	<p>Elements Mind Body Studio</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>elementsmindbody@gmail.com</p> <p>0419 536 288</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Bellarine Peninsula, Western Suburbs of Melbourne	<p>Janne Louise Czerny</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>healinghandsholistichealth@hotmail.com</p> <p>0422 436 093</p> <p>www.bellarineholistichealth.com</p> <p>Facebook: Healing Hands Holistic Health & Wellness</p> <p>Certificate in the Management of Pain and Healing</p> <p>Certificate in Meditation for Weight Management</p> 	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p> <p>AromaTouch Treatments</p> <p>Reiki Practitioner (Masters Level)</p> <p>Certificate in Animal Reiki</p>



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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Benalla	<p>Serenity Life Coaching & Holistic Living</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>serenitycoaching01@gmail.com</p> <p>0419 503 549</p> <p>www.serenitylifecoachingholisticliving.com</p> <p>Diploma in Life Coach</p> <p>Chair Yoga Instructor</p>  	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Bentleigh, Melbourne	<p>I Meditate</p> <p>Dilek Seri</p> <p>IMTTA Diploma in Meditation Teaching and Holistic Human Development</p>	<p>info@imeditatecollege.com</p> <p>0488 213 339</p> <p>www.imeditatecollege.com</p>  <p>I Meditate Holistic Therapies College</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>




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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Carrum Downs	<p>Healys Natural Therapies</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>thesunshinegirl75@gmail.com</p> <p>0447 488 708</p> <p>Holistic Life Coach</p> <p>Meditation Teacher</p> <p>Reiki Master</p> <p>Crystal Therapist</p> <p>Bach Flower Therapist</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Central Highlands, Victoria	<p>Fiona Williams Bowen Therapy</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>bowenfiona@bigpond.com</p> <p>0419 885 860</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Chelsea	<p>Quick Start Fitness</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>quickstart@hotmail.com.au</p> <p>0437 123 345</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>



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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Chiltern North-East, Victoria	<p>Holistic Awakening</p> <p>Donna L Allen</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>dlallen401@bigpond.com</p> <p>03 5726 1631</p> <p>Certificate in Brain Body Medicine</p> <p>Diploma of Bach Flower Remedies</p> 	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p> <p>NLP Practitioner</p> <p>Hypnotist</p> <p>doTERRA AromaTouch Therapist</p>
Essendon	<p>Welcoming Wellness</p> <p>Lorraine Isola</p> <p>IMTTA Diploma in Meditation Therapy and Holistic Counselling</p>	<p>welcomingwellness.li@gmail.com</p> <p>0408 516 778</p> <p>www.welcomingwellness.com.au</p> <p>Diploma in Meditation Therapy and Holistic Counselling</p> <p>Certificate in Brain Body Medicine</p> <p>Certificate in Autonomic Nervous System Realignment Therapy</p> <p>Certificate in Meditation for the Management of Anxiety and Depression</p> <p>Certificate in Weight Management Meditation</p> <p>Certificate in Chair Yoga Instruction</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p> <p>Reiki Practitioner – Level 2</p>



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Frankston	<p>Healy's Natural Therapies</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>thesunshinegirl75@gmail.com</p> <p>0447 488 708</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Geelong	<p>Ascending Wings Holistic Practitioner</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>susanneb88@gmail.com</p> <p>0428 099 997</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Geelong	<p>Ashley Steele</p> <p>IMTTA Diploma in Meditation Therapy and Holistic Counselling</p>	<p>info@ashsteele.com.au</p> <p>0411 331 311</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>



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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Grampians	<p>Turn on Success</p> <p>IMTTA Advanced Diploma in Meditation Teaching and Holistic Counselling</p>	<p>turnonsuccess@gmail.com</p> <p>0419 396 386</p> <p>Post Grad Certificate in Corporate Stress Management</p> <p>Post Grad Certificate in Sound Healing and Vibrational Therapy</p> <p>Post Grad Certificate in Trigger Point Therapy</p> <p>Post Grad Certificate in Autonomic Nervous System Realignment Therapy</p> <p>Post Grad Certificate in Brain Body Medicine</p> <p>Certificate in Chair Yoga</p> <p>Qualified Massage Therapist</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Lara	<p>Suvita Yoga & Pilates</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>suvita.yoga.pilates@gmail.com</p> <p>0425 925 454</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Malvern East, 3145	<p>Angela Phillips</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>phillips_ange@hotmail.com</p> <p>0402 143 669</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>



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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Maribyrnong	<p>annapedis.com_mindbodywellness</p> <p>West's Rd Natural Therapies 29 West's Rd Maribyrnong</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>anna.pedis@gmail.com</p> <p>0409 403 462</p> <p>www.annapedis.com</p> <p>https://www.facebook.com/apmindbodywellness/</p> <p>Certificate in Meditation Teaching and Holistic Counselling</p> <p>Chair Yoga Instructor</p> <p>Yoga Teacher</p> <p>Reiki Practitioner</p> <p>Remedial Massage Therapist</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Melbourne	<p>Ashley Steele</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>ashleykatesteele@me.com</p> <p>0411 331 311</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>



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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Melbourne	<p>Deborah Penglase</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>info@wished.com.au</p> <p>P: 1300 765 336 M: 0409 382 581</p> <p>www.wished.com.au</p> <p>Mental Health Nurse</p>	<p>Holistic Counselling Practitioner</p> <p>Supervision and Reflective practice</p> <p>Meditation Therapist</p> <p>Chair Yoga Instructor</p> <p>Mindfulness Courses</p> <p>Corporate Stress Management Workshops</p>
Melbourne Australia	<p>Isaac Jones</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>isaacemail94@gmail.com</p> <p>0401 573 632</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>




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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Melbourne	Luiza Noman IMTTA Certificate in Meditation Teaching and Holistic Human Development	luizanoman@gmail.com 0412 737 542	Meditation Teacher Chair Yoga Instructor Holistic Counselling



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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Melbourne	<p>Michelle Falzon</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p> <p>IMTTA Advanced Diploma in Meditation Therapy and Holistic Counselling</p>	<p>michfal83@gmail.com</p> <p>0413 787 117</p> <p>Certificate in Autonomic Nervous System</p> <p>Realignment Therapy</p> <p>Certificate in Brain-Body Medicine</p> <p>Certificate in Meditation for Pain Management and Healing</p> <p>Certificate in Advanced Holistic Counselling</p> 	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p> <p>Prenatal Meditation Instructor</p> <p>Meditation for Weight Management Instructor</p> <p>Workplace Stress Management Facilitator</p> <p>Holistic Grief & Loss Counsellor</p> <p>Holistic Trauma & Abuse Counsellor</p>



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Melbourne	<p>MyOm Services</p> <p>Mamta Champaneri</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>bmc3046@yahoo.com.au</p> <p>+61 413 309 667</p> <p>Diploma of community services (case management)</p> <p>Assist-applied suicide intervention skills training</p> <p>Certificate in Body Based Therapies Training</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p> <p>Panda telephone support worker</p>
Melbourne	<p>Three Clouds Yoga</p> <p>Jemma Newcombe</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>jemma@threecloudsyoga.com</p> <p>0404 452 031</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p> <p>Brain Body Medicine</p> <p>Yoga Teaching</p>
Melbourne CBD / Northwest Melbourne	<p>Welcoming Wellness</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>welcomingwellness.li@gmail.com</p> <p>0408 516 778</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>




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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Melbourne Eastern Suburbs & Yarra Valley	Damian Lisle IMTTA Certificate in Meditation Teaching and Holistic Human Development	dplisle1973@gmail.com 0418 299 172	Meditation Teacher Chair Yoga Instructor Holistic Counselling



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Melbourne, Victoria	<p>Shining Light Counselling</p> <p>Samantha Lowden</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p> <p>IMTTA Advanced Diploma in Meditation Therapy and Holistic Counselling</p> 	<p>samantha@shininglightcounselling.com</p> <p>0424 658 372</p> <p>www.shininglightcounselling.com</p> <p>Facebook: https://www.facebook.com/Shining-Light-Counselling-536113166522604/</p> <p>PGrad IMTTA Cert. Meditation for Children</p> <p>PGrad IMTTA Cert. Meditation for the Management of Pain and Healing</p> <p>PGrad IMTTA Cert. Brain Body Medicine</p> <p>PGrad IMTTA Cert. Autonomic Nervous System Realignment Therapy</p> <p>PGrad IMTTA Cert. Corporate Stress Management</p> <p>PGrad IMTTA Cert. Meditation for the Management of Depression and Anxiety</p> <p>IMTTA Cert. Chair Yoga Instruction</p> <p>BA Psych (Hons)</p> <p>BA (PsychCnslg)</p> <p>Cert. Counselling Skills Trained in Psychology</p> <p>Careline (Telephone) Training</p> <p>Telephone Counselling Training</p>	<p>General Counselling</p> <p>Grief Counselling</p> <p>Holistic Counselling</p> <p>Spiritual Counselling</p> <p>Telephone CareLine Counselling</p> <p>Mental Health First Aid safeTALK: Suicide Alertness for Everyone</p> <p>ASIST: Applied Suicide Intervention Skills</p> <p>Meditation Teaching and Therapy</p> <p>Stress Management</p> <p>Chair Yoga</p>



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Melbourne, Victoria	<p>Adonica Porteous</p> <p>IMTTA Masters in Holistic Counselling</p>	<p>adonicaporteous@hotmail.com</p> <p>0417 452 442</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Melbourne, Victoria	<p>Fernly Holistic</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>fernlyholistic@gmail.com</p> <p>0449 184 736</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Mitcham	<p>Angelic Presence</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>diane@angelicpresence.com.au</p> <p>0407 790 457</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Mornington Peninsula	<p>Jill Midlovets</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>jillmidlovets@hotmail.com</p> <p>0407 360 189</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>




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Pakenham	<p>Infinite Serenity-Holistic Health and Wellbeing</p> <p>Jenelle Tartaro</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>jenelle_tartaro@mail.com</p> <p>0400 963 559</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Portarlington	<p>Inner Calm Therapies</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>katrinashimmin@gmail.com</p> <p>0433 123 006</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Rye, Victoria, 3942	<p>Bree Turkington</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>breeturkington@hotmail.com</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Seaford, Victoria	<p>Lia Winen</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>winenlia@yahoo.com</p> <p>0402 055 677</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>



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St Leonards, Victoria	<p>The Soul-Full Mind</p> <p>IMTTA Diploma in Meditation Therapy and Holistic Counselling</p>	<p>thesoulfullmind@gmail.com</p> <p>0400 585 016</p> <p>Postgraduate Certificate in Meditation for Pain Management and Healing</p> <p>Certificate in Brain Body Medicine</p> <p>Certificate in Holistic Integrated Expressive Art Therapy</p> <p>Certificate in Holistic Trauma and Abuse Counselling</p> <p>Certificate in Chair Yoga Instruction</p> <p>Certificate in Advanced Holistic Counselling</p>  <p><i>The Soul-Full Mind</i></p>	<p>Holistic Counselling</p> <p>Wellness Coaching</p> <p>Life Coaching</p> <p>Anxiety Management</p> <p>Stress Management</p> <p>Meditation Classes</p> <p>Workshops</p> <p>Energy Healings</p>
Stratford	<p>Meditation Made Easy</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>zoe@meditationmadeeasy.com.au</p> <p>0420 504 421</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>



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Sunbury	Body & Soul Sunbury IMTTA Certificate in Meditation Teaching and Holistic Human Development	skywood15@aol.com 0408 246 801	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Torquay and Geelong, Victoria	HAPPILY ME IMTTA Certificate in Meditation Teaching and Holistic Human Development	lyndsay@happily-me.com 0458 048 090	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Upwey	Aemon De Britt IMTTA Certificate in Meditation Teaching and Holistic Human Development	aemond@live.com.au 0405 663 724	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Victoria	Loren Polzot IMTTA Diploma in Meditation Therapy and Holistic Counselling	meditationmakeover@gmail.com 0498 653 075	Meditation Teacher Chair Yoga Instructor Holistic Counselling



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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Victoria	<p>Organic Wellness</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>nnhobbs@westnet.com.au</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
West and North-West Melbourne	<p>Jennifer Pizzicara</p> <p>IMTTA Diploma in Meditation Therapy and Holistic Counselling</p>	<p>jenniferpizzicara@inner-voyage.com</p> <p>0418 540 580</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
West Gippsland	<p>ZenEssence</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p>	<p>linda.zenessence@gmail.com</p> <p>0409 231 397</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>



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Wodonga	<p>Gina-Louise "Angel Awareness"</p> <p>IMTTA Diploma in Meditation Therapy & Holistic Counselling</p>	<p>angelawareness@outlook.com</p> <p>0428 761 831</p> <p>Angel Intuitive</p> <p>IMTTA Certificate in Chair Yoga Instruction</p> <p>Certified Angel Card Reader</p> <p>Flower Therapy Healer</p> <p>Usui/Holy Fire Reiki Second Degree Healer</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>



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Yarra Ranges	<p>Mindful Flow</p> <p>Sophie Buffey</p> <p>IMTTA Certificate in Meditation Teaching and Holistic Human Development</p> <p>IMTTA Advanced Diploma in Meditation Therapy and Holistic Counselling</p>	<p>soph.bf@hotmail.com</p> <p>0423 162 913</p> <p>IMTTA Postgraduate Certificate in:-</p> <p>Prenatal Meditation</p> <p>Meditation for Children</p> <p>Meditation for the Management of Depression and Anxiety</p> <p>Meditation for the Management of Pain and Healing</p> <p>Corporate Stress</p> <p>Meditation for Weight Management</p> <p>Autonomic Nervous System Realignment Therapy</p> <p>Brain Body Medicine</p> <p>Women in Transition and Women's Mid-Life Health and Wellbeing</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p> <p>Reiki practitioner (level 2)</p> <p>Whole body relaxation massage therapist</p> <p>Mindfulness Meditation Teacher</p>