



# TASMANIA

| Location               | Name and Qualifications   | Contact Details and Further Qualifications   | Services and Classes Offered  |
|------------------------|---|--|---|
| Blackmans Bay          | <b>Sue Goldstone</b><br><br>Mind Body Education Certificate in Meditation Teaching and Holistic Human Development             | <a href="mailto:smesusie@gmail.com">smesusie@gmail.com</a><br><br>0417 362 448                           | Holistic Counsellor<br><br>Chair Yoga Instructor<br><br>Meditation Teacher<br><br>Massage Therapist |
| Hobart, TAS, Australia | <b>Catherine Anne Wisniewski</b><br><br>Mind Body Education Certificate in Meditation Teaching and Holistic Human Development | <a href="mailto:catherinewisniewski24@gmail.com">catherinewisniewski24@gmail.com</a><br><br>0421 418 990 | Meditation Teacher<br><br>Chair Yoga Instructor<br><br>Holistic Counselling                         |
| Hobart, Tasmania       | <b>Reflect Studio</b><br><br>Mind Body Education Diploma in Meditation Teaching and Holistic Human Development                | <a href="mailto:pineapplezen@gmail.com">pineapplezen@gmail.com</a>                                       | Meditation Teacher<br><br>Chair Yoga Instructor<br><br>Holistic Counselling                         |

Disclaimer: The practitioners listed within the IMTTA directory are registered with the International Meditation Teachers and Therapists Association having completed an accredited training course with an approved training organisation. All practitioners are advised to acquire the relevant police check, first aid certificate, working with children/seniors/disability cards along with insurance. The IMTTA is not affiliated with, nor can it take responsibility for the actions of any individual member and practitioner.



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| Launceston           | <p><b>Marianne Douglas Holistic Arts Therapy</b></p> <p>Mind Body Education Diploma in Holistic Integrated Creative Arts Therapy</p> | <p><a href="mailto:mcdouglas.hicat@gmail.com">mcdouglas.hicat@gmail.com</a></p> <p>0428 576 507</p>               | <p>MBAEd Diploma of Holistic Integrated Creative Art Therapy is the use of art, music, drama, dance/movement, poetry/creative writing, play, storytelling and sandplay within the context of therapy, counselling, rehabilitation, and holistic healing</p> |
| Launceston, Tasmania | <p><b>Donna Selby Intuitive</b></p> <p>Mind Body Education Certificate in Meditation Teaching and Holistic Human Development</p>     | <p><a href="mailto:divinetiming22@gmail.com">divinetiming22@gmail.com</a></p>                                     | <p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>  |
| Launceston, Tasmania | <p><b>ParadisEarth Therapies</b></p> <p>Mind Body Education Certificate in Meditation Teaching and Holistic Human Development</p>    | <p><a href="mailto:paradisearththerapies@outlook.com">paradisearththerapies@outlook.com</a></p> <p>0467654324</p> | <p>Holistic Counsellor</p> <p>Chair Yoga Instructor</p> <p>Meditation Teacher</p>   |

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| Somerset, Tasmania | <b>Pineapple Zen Meditation Therapy</b><br><br>Mind Body Education Certificate in Meditation Teaching and Holistic Human Development | <a href="mailto:carolescaife27@gmail.com">carolescaife27@gmail.com</a><br><br><b>0423 908 820</b><br><br>Certificate in Meditation Teaching and Holistic Counselling<br><br>Chair Yoga Instructor | Meditation Teacher<br><br>Chair Yoga Instructor<br><br>Holistic Counselling |
| St Helens Tasmania | <b>Inner Balance Outer Beauty</b><br><br>Mind Body Education Certificate in Meditation Teaching and Holistic Human Development       | <a href="mailto:anne.quirk5@bigpond.com">anne.quirk5@bigpond.com</a><br><br><b>0429 699 606</b><br><br>Certificate in Meditation Teaching and Holistic Counselling<br><br>Chair Yoga Instructor   | Holistic Counsellor<br><br>Chair Yoga Instructor<br><br>Meditation Teacher  |
| TAS, Australia     | <b>Lila Meleisea</b><br><br>Mind Body Education Certificate in Meditation Teaching and Holistic Human Development.                   | <a href="mailto:lila@expressiveart.com.au">lila@expressiveart.com.au</a><br><br><b>0477436700</b>   | Meditation Teacher<br><br>Chair Yoga Instructor<br><br>Holistic Counselling |

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| Tasmania, Australia | <b>CALM Holistic Integrated Creative Art Therapy</b><br><br>Mind Body Education Diploma in Holistic Integrated Creative Arts Therapy | <a href="mailto:rachie@loveable.com">rachie@loveable.com</a><br><br>0466063045                         | MBAEd Diploma of Holistic Integrated Creative Art Therapy is the use of art, music, drama, dance/movement, poetry/creative writing, play, storytelling and sandplay within the context of therapy, counselling, rehabilitation, and holistic healing |
| Tasmania, Australia | <b>Shari Landeg</b><br><br>Mind Body Education Certificate in Meditation Teaching and Holistic Human Development                     | <a href="mailto:holisticwellservices@gmail.com">holisticwellservices@gmail.com</a><br><br>0431 909 172 | Meditation Teacher<br><br>Chair Yoga Instructor<br><br>Holistic Counselling  |

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