

Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Blackmans Bay	Sue Goldstone	smesusie@gmail.com	Holistic Counsellor
	Mind Body Education Certificate in Meditation	0417 362 448	Chair Yoga Instructor
	Teaching and Holistic Human		Meditation Teacher
	Development		Massage Therapist
Hobart, TAS,	Catherine Anne Wisniewski	catherinewisniewski24@gmail.c om	Meditation Teacher
Australia	Mind Body Education Certificate in Meditation	0421 418 990	Chair Yoga Instructor
	Teaching and Holistic Human Development		Holistic Counselling
Hobart, Tasmania	Reflect Studio	pineapplezen@gmail.com	Meditation Teacher
	Mind Body Education Diploma in Meditation Teaching and		Chair Yoga Instructor
	Holistic Human Development		Holistic Counselling
Howrah, Tasmania	True To Heart	tanya@truetoheart.com.au	Meditation Teacher
	Mind Body Education Certificate in Meditation	0438 206 005	Chair Yoga Instructor
	Teaching and Holistic Human Development		Holistic Counselling



Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Launceston	Marianne Douglas Holistic Arts Therapy Mind Body Education Diploma in Holistic Integrated Creative Arts Therapy	mcdouglas.hicat@gmail.com 0428 576 507	MBEd Diploma of Holistic Integrated Creative Art Therapy is the use of art, music, drama, dance/movement, poetry/creative writing, play, storytelling and sandplay within the context of therapy, counselling, rehabilitation, and holistic healing
Launceston, Tasmania	Donna Selby Intuitive Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	divinetiming22@gmail.com	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Somerset, Tasmania	Pineapple Zen Meditation Therapy Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	carolescaife27@gmail.com 0423 908 820 Certificate in Meditation Teaching and Holistic Counselling Chair Yoga Instructor	Meditation Teacher Chair Yoga Instructor Holistic Counselling



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TAS, Australia	GenUinS	anne.quirk5@bigpond.com	Holistic Counsellor
	Mind Body Education Certificate in Meditation	0429 699 606	Chair Yoga Instructor
	Teaching and Holistic Human	Certificate in Holistic Counselling	Meditation Teacher
	Development	Meditation Teaching	
		Holistic Human Development	
		Chair Yoga Instruction	
Tasmania, Australia	Shari Landeg	holisticwellservices@gmail.com	Meditation Teacher
Australia	Mind Body Education Certificate in Meditation	0431 909 172	Chair Yoga Instructor
	Teaching and Holistic Human Development	Diploma in Meditation Therapy and Holistic Counselling	Holistic Counselling
Tasmania, Australia	Creative Arts & Wellbeing (Sheree Martin)	sheree_martin@icloud.com 0428 222 770	MBEd Diploma of Holistic Integrated Creative Art Therapy is the use of art,
	Mind Body Education Diploma	0428 222 770	music, drama,
	in Holistic Integrated Creative		dance/movement,
	Arts Therapy		poetry/creative writing, play, storytelling and sandplay
			within the context of therapy,
			counselling, rehabilitation, and holistic healing
Bridport,	Jessica Carins	jessicaconiston@gmail.com	Meditation Teacher
TASMANIA,	Mind Body Education		Chair Yoga Instructor
AUSTRALIA	Certificate in Meditation	0408174315	
	Teaching and Holistic Human Development		Holistic Counselling



Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Burnie, Tasmania	Pinwheel Personal Development and Wellness (Jane Iskandar) Mind Body Education Diploma in Holistic Integrated Creative Arts Therapy	janeiskandar13@gmail.com 0407 086 010	MBEd Diploma of Holistic Integrated Creative Art Therapy is the use of art, music, drama, dance/movement, poetry/creative writing, play, storytelling and sandplay within the context of therapy, counselling, rehabilitation, and holistic healing
Launceston, TAS, Australia	Linda Richardson Mind Body Education Diploma in Holistic Integrated Creative Arts Therapy	info@alwaysheart.com.au 0492191389	MBEd Diploma of Holistic Integrated Creative Art Therapy is the use of art, music, drama, dance/movement, poetry/creative writing, play, storytelling and sandplay within the context of therapy, counselling, rehabilitation, and holistic healing
Tasmania	Mind your Mind Meditation (Joanne Holmes) Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	tiverton.est@bigpond.com 0408532236	Meditation Teacher Chair Yoga Instructor Holistic Counselling