



NEW SOUTH WALES

Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
1 Kynwoor Road, Naradhan	Fiona Hart	kynwoor@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0427 969 842	Chair Yoga Instructor Holistic Counselling
422	Lysa Fitzgerald	lysa_042@hotmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0422 053 789	Holistic Counselling
431	Stephanie McGlinchey	sm.87@me.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	007 600	Chair Yoga Instructor Holistic Counselling
432	Larissa Mackaway	larissamackaway@live.com.au	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0432 622 099	Holistic Counselling

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Aberglasslyn, NSW, Australia	Still Point Healing Mind Body Education Diploma in Holistic Integrated Creative Arts Therapy	reikiming@bigpond.com 0417 423 913	MBEd Diploma of Holistic Integrated Creative Art Therapy is the use of art, music, drama, dance/movement, poetry/creative writing, play, storytelling and sand play within the context of therapy, counselling, rehabilitation, and holistic healing
Albury, NSW, Australia	Beyond YOUR Truth Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	tashthomas888@outlook.com 0459 465 180	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Baulkham Hills, Sydney	Artemis Meditation and Holistic Counselling Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	lenorepearsonholistic@gmail.com 0408 408 384 Diploma in Meditation Teaching and Holistic Counselling Chair Yoga Postgraduate Certificate in Meditation for Children Postgraduate Certificate in Meditation for Depression and Anxiety	Meditation Teacher Chair Yoga Instructor Holistic Counselling

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Bega	Leina Carriage	leinacarriage@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0457 204 407	Chair Yoga Instructor Holistic Counselling
Bellevue Hill	Mode Well	m@modewell.com.au	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0413 317 153	Holistic Counselling
Bellevue Hill, Sydney NSW Australia	Sam Midgley	sammidgley44@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0447 043 064	Holistic Counselling
Blue Mountains, NSW, Australia	Wunjo Holistic Wellness	wunjo.hw@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0478 532 101	Holistic Counselling
Bondi Junction, NSW	The Nurse Who Heals	nursewhoheals@outlook.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0477 981 515	Chair Yoga Instructor Holistic Counselling

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Bradbury	<p>Transpired Mind - Wellness Clinic</p> <p>Leonie Phillips</p> <p>Mind Body Education Certificate in Meditation Teaching and Holistic Human Development</p>	<p>transpiredmind@gmail.com</p> <p>0414 244 616</p> <p>Diploma Clinical Hypnotherapy</p> <p>Diploma NLP Practitioner</p> 	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p> <p>Angelic Reiki Master Teacher</p>
Byron Bay	<p>Terri Flemming</p> <p>Mind Body Education Certificate in Meditation Teaching and Holistic Human Development</p>	<p>terriflemming11@gmail.com</p> <p>0490 254 698</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>
Byron Bay, NSW	<p>ocean~ilo</p> <p>Mind Body Education Certificate in Meditation Teaching and Holistic Human Development</p>	<p>anna.durward@gmail.com</p> <p>0478 139 007</p>	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>

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Camden	Positive Inspirations Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	pos.inspirations@gmail.com 0416 386 095	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Camden, Australia	Eden Grace Hypnotherapy Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	edengracehypno@gmail.com 0410 518 874	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Camden, NSW	Carole Ann Coaching Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	caroleanncoaching@outlook.com 0450 360 212	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Camden, NSW, Australia	Laura Hixon Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	laurahixon@hotmail.com	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Campbelltown	Helen Grdic Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	helen.grdic@gmail.com 0404 827 026	Meditation Teacher Chair Yoga Instructor Holistic Counselling

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Campbelltown	Illuminate Meditation	illuminate.meditation@gmail.com	Meditation Teacher
	<p>Sarah Gillett</p> <p>Mind Body Education Certificate in Meditation Teaching and Holistic Human Development</p>	<p>0416 006 142</p> <p>Chakradance™ Facilitator</p> 	<p>Chair Yoga Instructor</p> <p>Holistic Counselling</p> <p>Chakradance Sessions</p>
Campbelltown, NSW	Mangee Healing	peta.jai@hotmail.com	<p>MBEd Diploma of Holistic Integrated Creative Art Therapy is the use of art, music, drama, dance/movement, poetry/creative writing, play, storytelling and sand play within the context of therapy, counselling, rehabilitation, and holistic healing</p>
	<p>Mind Body Education Diploma in Holistic Integrated Creative Arts Therapy</p>	<p>0423 409 975</p>	

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Central Coast NSW	Lil' Wise Wonders Mind Body Education Diploma in Holistic Integrated Creative Arts Therapy	info@lilwisewonders.com.au 0412 023 233	MBEd Diploma of Holistic Integrated Creative Art Therapy is the use of art, music, drama, dance/movement, poetry/creative writing, play, storytelling and sandplay within the context of therapy, counselling, rehabilitation, and holistic healing
Central Coast, NSW	Adventure into Alignment Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	trish@adventureintoalignment.com 0424 852 859	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Central Coast, NSW	Sol Therapy Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	selena.dohnt@gmail.com	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Central Coast, NSW 2261	Jeleskovic Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	ana.jeleskovic@gmail.com	Meditation Teacher Holistic Counselling

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Central Coast, NSW, Australia	Alison Booth Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	ali.gbooth@gmail.com 0408 271 019	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Central Coast, NSW, Australia	Entreat Australia Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	info@entreat.com.au 0243 131 690	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Central Coast, NSW, Australia	Flavia Amorim Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	flaviaamorim.mkt@gmail.com +61 424 038 171	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Central Coast, NSW, Australia	Stacey Aitken Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	stacey.a.aitken@gmail.com 0401 766 262	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Charlestown	Meraki Mindfulness Living Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	merakimindfulnessliving8@gmail.com 0407 236 504	Meditation Teacher Chair Yoga Instructor Holistic Counselling

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Dee Why	Launch U	tarshasaint@launchu.com.au	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0419 231 467	Chair Yoga Instructor Holistic Counselling
Dee Why, NSW, Australia	Michelle Schafer	mschafer26@icloud.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0409 044 325	Chair Yoga Instructor Holistic Counselling
Eastern Suburbs Sydney	Jane Otton	janeotton8@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0410 456 500	Chair Yoga Instructor Holistic Counselling
Gerringong, NSW, Australia	I am Mind Body Spirit	shannonmotbey@outlook.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0451 489 702	Holistic Counselling

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Glenthorne, NSW, Australia	Jenn Watts Mind Body Education Diploma in Holistic Integrated Creative Arts Therapy	resonancetherapies4u@gmail.com 0434 261 889	MBEd Diploma of Holistic Integrated Creative Art Therapy is the use of art, music, drama, dance/movement, poetry/creative writing, play, storytelling and sand play within the context of therapy, counselling, rehabilitation, and holistic healing.
Grantham Farm, NSW, Australia	Carla Kuballa Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	carlakuballa@gmail.com 0425 400 488	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Hills District, NSW, Australia	Helping Hands Wellbeing Services Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	Helping.Hands.Wellbeing@outlook.com 0451 360 823	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Hills District, Sydney, NSW, Australia	Dani Divine Love - Mind Body Spirit Healing Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	dani.divinelove@gmail.com 0478 465 444	Meditation Teacher Holistic Counselling

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Hunter Valley	Artfull Revelations Mind Body Education Diploma in Holistic Integrated Creative Arts Therapy	artfullrevelations@gmail.com 0432 109 957	MBEd Diploma of Holistic Integrated Creative Art Therapy is the use of art, music, drama, dance/movement, poetry/creative writing, play, storytelling and sandplay within the context of therapy, counselling, rehabilitation, and holistic healing

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Illawarra Region	Little Masterminds (Meditation for Children) Mind Body Education Advanced Diploma in Meditation Therapy & Holistic Counselling	amy@littlemasterminds.com.au 0499 550 780 www.littlemasterminds.com.au	Meditation Teacher Chair Yoga Instructor Holistic Counselling
	 Little Masterminds	Postgraduate Certificates in: Meditation for Children Prenatal Meditation Meditation for the Management of Depression & Anxiety Meditation for Management of Chronic Pain & Healing Meditation for Women in Transition and Women's Mid-Life Health & Wellbeing Meditation for Weight Management Autonomic Nervous System Realignment Therapy Brain Body Medicine Certificate in Chair Yoga Instruction	
			

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Inner West, Sydney	Growing Calm	ryan_elizabeth@hotmail.com	Meditation Teacher
	Mind Body Education	0402 147 342	Chair Yoga
	Certificate in Meditation Teaching and Holistic Human Development	Certificate in Meditation Teaching	Instructor
		Holistic Counselling	Holistic Counselling
		Chair Yoga Instructor	
		Postgraduate Certificate in Meditation for Children	

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Inverell	<p>Gina's Divine Guidance & Healing</p> <p><i>Live the life of Peace & Joy that you Dream of</i></p> <p>Mind Body Education Certificate in Meditation Teaching and Holistic Human Development</p> 	<p>gina.divineguidance@gmail.com</p> <p>0457 574 099</p> <p>www.ginasdivineguidanceandhealing.com</p> <p>Gina M Higgins https://www.facebook.com/ginamhigginsauthor or https://www.instagram.com/p/B7IMSPRHTS8/?igshid=1m1uo75c2b7k2</p> <p>Certificate in Meditation Teaching</p> <p>Holistic Human Development</p> <p>Holistic Counselling</p> <p>Chair Yoga Instruction</p> <p>Certified Master Reiki Practitioner</p> <p>Certified Psychic Medium</p> 	<p>Meditation Teacher</p> <p>Chair Yoga Instructor</p> <p>Holistic Counselling</p>

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Jamberoo, NSW, Australia	John Taylor Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	rainbowrising999@gmail.com 0400 665 948	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Kings Park, NSW, Australia	Manisha Vekaria Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	mvekaria04@gmail.com 0423 515 044	Meditation Teacher Holistic Counselling
Kingsford	Narges Amir Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	narges@nargesamir.com	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Kogarah Bay	Anastasia Peppas Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	anastasiapeppas@yahoo.com +61 407 019 910	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Kogarah, NSW	Khaldoun Al Zubeidi Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	karlzbed@hotmail.com 0406911936	Meditation Teacher Holistic Counselling

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Lane Cove, Sydney	The Holistic Tree	info@theholistictree.org	Meditation Teacher
	Raj Patel Mind Body Education Diploma in Meditation Teaching and Holistic Human Development	0431 256 715 www.theholistictree.org BSc (Biochemistry & Chemistry) – Salford University, UK Diploma – Business Operations – AIM, Sydney Cert IV – Training & Development, Sydney Diploma in Counselling (Health Services) – Sydney University Certificates – Reiki I & II	Chair Yoga Instructor Holistic Counselling Reiki
			
Lismore Northern Rivers NSW	Bodhi + Deva Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	shona@bodhianddeva.com.au 0455 020 102	Meditation Teacher Chair Yoga Instructor Holistic Counselling

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Liverpool, NSW, Australia	Jennifer Smelt	jenbrown195@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0410 021 485	Chair Yoga Instructor Holistic Counselling
Maitland	Holistic Counselling - Learning and Exploring Beings	jessica.a.elliott87@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0413 424 358	Chair Yoga Instructor Holistic Counselling
Manly, Sydney, NSW, Australia	Somatic Balance 108	mail@carolinehey.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0405 045 273	Holistic Counselling
Marsden Park, NSW, Australia	Aligned & Alive Holistic Healing	alignedandalive.holistichealing@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0402 922 492	Chair Yoga Instructor Holistic Counselling
Menai	Growing Young Minds	tashg80@hotmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0419 234 332	Chair Yoga Instructor Holistic Counselling

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Mid North Coast NSW	Kris Simeon	kristine.simeon@bigpond.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0417 688 823 Diploma in Holistic Counselling and Meditation Chair Yoga Instructor Certificates in meditation for the Management of Anxiety and Depression Pregnancy and Birth Children Teenagers Post Graduate Certificate in Meditation for the Health and Well-Being of Women in Mid-Life	Chair Yoga Instructor Holistic Counselling
Moruya, South Coast NSW	Samari Holistic Wellbeing	927bram@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0412 929 696	Chair Yoga Instructor Holistic Counselling
Mount Annan NSW Australia	Harmonious Life Essentials	harmoniouslifeessentials@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0425 258 551	Holistic Counselling

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Narellan Vale, NSW, Australia	Melissa Jade	melissajadecoaching@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0425 248 873	Chair Yoga Instructor Holistic Counselling
Narrabri, NSW, 2390, Australia	Kayla Oakley	kayla@kodivinehealing.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0402 610 945	Chair Yoga Instructor Holistic Counselling
Narrandera	Sarah Light	slight@outlook.com.au	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0458 186 568	Chair Yoga Instructor Holistic Counselling
New South Wales	Angela de Koster	adekoster1@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0403 599 580	Holistic Counselling

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New South Wales	Evolve Holistics	nelljen@live.com	MBEd Diploma of Holistic Integrated Creative Art Therapy is the use of art, music, drama, dance/movement, poetry/creative writing, play, storytelling and sandplay within the context of therapy, counselling, rehabilitation, and holistic healing.
	Mind Body Education Diploma in Holistic Integrated Creative Arts Therapy	0405 131 653	
Newcastle	Sway	pjanebwm@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	421 443 881	Chair Yoga Instructor Holistic Counselling
Newcastle, NSW, Australia	Evolve and Become	elizabeth.lee.ross@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0434 622 489	Chair Yoga Instructor Holistic Counselling

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North West/Hills District Sydney	Maria Grazia Lamari Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	lamari1962@gmail.com 0420 679 212 Certificate in Holistic Counselling Certificate in Meditation Teaching and Holistic Human Development Certificate in Chair Yoga Instruction Master Practitioner of NLP Hypnosis & Time Line Therapy	Meditation Teacher Chair Yoga Instructor Holistic Counselling

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Northern Rivers NSW, Australia	Inner Balance and Beyond	innerbalanceandbeyond@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0477 831 549 Certificate in Holistic Counselling and Holistic Life Coaching Certificate in Chair Yoga Instruction Certificate in Meditation Teaching and Holistic Human Development Postgraduate Certificate in Autonomic Nervous System Realignment Therapy Postgraduate Certificate in Brain Body Medicine Postgraduate Certificate in Holistic Marriage and Relationship Counselling Postgraduate Certificate in Holistic Grief and Loss Counselling Diploma in Meditation Therapy and Holistic Counselling	Chair Yoga Instructor Holistic Counselling
Northern Rivers, NSW	Irene Sheard	irene.sws@hotmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0404 808 361	Chair Yoga Instructor Holistic Counselling

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Northern Rivers, NSW	The Surrender Experience Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	leoni.blanke95@gmail.com 0473 198 754	Meditation Teacher Chair Yoga Instructor Holistic Counselling
NSW Australia	Cassandra Wells Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	cassandrathroughmyeyes@gmail.com 0407 111 856	Meditation Teacher Chair Yoga Instructor Holistic Counselling
NSW Australia	Joanne Robinson Mind Body Education Diploma in Holistic Integrated Creative Arts Therapy	joanne.robinson@me.com 0403 144 896	MBEd Diploma of Holistic Integrated Creative Art Therapy is the use of art, music, drama, dance/movement, poetry/creative writing, play, storytelling and sandplay within the context of therapy, counselling, rehabilitation, and holistic healing

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NSW Australia	White Feathers Holistic Therapies Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	nicolesfeathers@gmail.com 0438 408 183 Certificate in Meditation Teaching and Holistic Counselling ; Post Graduate Certificate in Autonomic Nervous System Realignment Therapy ; Post Graduate in Brain Body Medicine	Meditation Teacher Holistic Counselling
NSW, Australia	Heart Centred Minds Mind Body Education Certificate in Meditation Teaching and Holistic Human Development.	info@heartcentredminds.com 0423 727 176 Certificate in Meditation Teaching and Holistic Counselling Certificate in Holistic Counselling and Holistic Life Coaching iRest® Yoga Nidra level 1 Teacher Peaceful Kids & Peaceful Parents Mindfulness & Positive Psychology Facilitator Diploma of Case Management Diploma of Community Services Bachelor's degree Social Science (Social Welfare)	Meditation Teacher Holistic Counselling

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NSW, Australia	Daniele Santos - Holistic Therapist Mind Body Education Certificate in Meditation Teaching and Holistic Human Development.	danirm@hotmail.com 0422 163 947	Meditation Teacher Chair Yoga Instructor Holistic Counselling
NSW, Australia	Fenty Rusli Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	fentyrusli@hotmail.com	Meditation Teacher Chair Yoga Instructor Holistic Counselling
NSW, Australia	Healey Tennis Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	healeytennis@gmail.com 0419 692 456	Meditation Teacher Chair Yoga Instructor Holistic Counselling
NSW, Australia	MindLight Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	katherine.pinczuk@gmail.com 0418 207 220	Meditation Teacher Holistic Counselling
NSW, Australia	Peace & Plenty Holistic Counselling Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	lizbolitho@hotmail.com 61 411 591 867	Meditation Teacher Chair Yoga Instructor Holistic Counselling

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NSW, Australia	Tarzo seachange	Tarzoseachange@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0424 171 073	Chair Yoga Instructor Holistic Counselling
NSW, Australia	Valentina Fable	valentinafable26@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development.	0415 820 287	Chair Yoga Instructor Holistic Counselling
Penrith	Flower of Love Healing	floweroflovehealing@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0415 285 235	Chair Yoga Instructor Holistic Counselling
Picton, NSW, Australia	Empowered Holistic Counselling & Wellness	empoweredholisticcounselling@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0417 086 510	Chair Yoga Instructor Holistic Counselling
Port Macquarie, NSW	Inner Work- Outer Results	i.vandeursen@hotmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0429 693 252	Chair Yoga Instructor Holistic Counselling

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Raymond Terrace, NSW, Australia	Boho Life - Health & Wellbeing Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	admin@boholife.com.au 0421 372 949	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Regional NSW	Jo Kendall Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	jo@jokendall.com	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Sapphire Beach	Angela Van Den Bosch Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	mybeautifultribe@gmail.com 0477 151 145	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Shellharbour, NSW Australia	Vantage Integrity & Wellness Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	deborahgoodyer@bigpond.com 0400 360 936 Certificate in Meditation Teaching and Holistic Counselling; Chair Yoga Instructor	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Shellharbour, NSW, Australia	Lukeus sheather Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	lukeus@windowslive.com 0423 717 213	Meditation Teacher Chair Yoga Instructor Holistic Counselling

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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Shoalhaven Area	Karen Woods	karenwds@shoal.net.au	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0429 644 939	Holistic Counselling
Singleton	362E Sunnyside Lane Singleton	atlanteancrystalhealer@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0417 024 068 Meditation Teaching and Holistic Human Development Holistic Counselling and Holistic Life Coaching The Post Graduate Certificate in Meditation for Children The Certificate in Chair Yoga The Postgraduate Certificate in Brain Body Medicine The Postgraduate Certificate in Autonomic Nervous System Realignment Therapy	Holistic Counselling
South Coast, NSW	Mind Heart Movement	mindheartmovement@outlook.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development		Chair Yoga Instructor Holistic Counselling
Southern Highlands, NSW, Australia	Revati Sangoski	revatiburrawang@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0410 695 159	Chair Yoga Instructor Holistic Counselling

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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Sutherland Shire	Life Balancing Clinic	andjelict@me.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0419 437 044 Chair Yoga Instructor	Chair Yoga Instructor Holistic Counselling
Sutherland Shire, NSW, Australia	Mel's Art of Zen	melissa@melsartofzen.com	MBEd Diploma of Holistic Integrated Creative Art Therapy is the use of art, music, drama, dance/movement, poetry/creative writing, play, storytelling and sandplay within the context of therapy, counselling, rehabilitation, and holistic healing.
	Mind Body Education Diploma in Holistic Integrated Creative Arts Therapy	+61 419 442 850	
Sutherland, NSW, Australia	With a Little Help Counselling	admin@withalittlehelp.com.au	Trauma Informed Care
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development.	0422 655 415 Certificate in Meditation Teaching and Holistic Counselling	Narrative Approaches in Counselling Advanced CBT Life Coaching Mindfulness

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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Sydney	Bonnie Caine Wellbeing Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	bonniecainewellbeing@gmail.com	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Sydney	Elysian Beings Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	trudyinoz@yahoo.com 0417 480 478 Certificate in Meditation Teaching and Holistic Counselling Chair Yoga Instructor	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Sydney	Genevieve Bateman Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	gen@hemple.com 0421 448 493	Meditation Teacher Holistic Counselling
Sydney	Sam Petrou Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	info@sampetrou.com.au 0282 348 873 www.sampetrou.com.au	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Sydney	Suzanne Price Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	suzanne@upwardwombat.com 0414 313 931	Meditation Teacher Chair Yoga Instructor Holistic Counselling

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Sydney Norther Beaches	Calm Tonic Holistic Practice Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	calmtonic@gmail.com +61450 880 762	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Sydney Macarthur	Amy Neufeldt Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	neufeldta@hotmail.com 0404 167 000	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Sydney, NSW, Australia	D.A.A.M.A Divine Awakenings Academy of the Mystic Arts Certificate in Meditation Teaching and Holistic Human Development	info@daama.com.au 0416 472 884	Certificate in Chair Yoga Instruction Certificate in Holistic Counselling
Sydney, NSW, Australia	Deena Mehjabeen Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	mehjabeen.deena@yahoo.com 0452 385 864	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Sydney, NSW, Australia	Donna Ashworth Wellness Coach Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	donna_wellnesscoach@outlook.com 0415 589 998	Meditation Teacher Chair Yoga Instructor Holistic Counselling

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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Sydney, NSW, Australia	Elizabeth Uyen Nguyen Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	spiritualwith.elizabeth@gmail.com	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Sydney, NSW, Australia	Inala Exala Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	inalaexalaau@gmail.com	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Sydney, NSW, Australia	Ninon Marie Payen Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	meditatewithninon@gmail.com 0426 295 719	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Sydney, NSW	Realign to Reality Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	lorella@realigntoreality.com 0410 614 840	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Sydney, NSW, Australia	Spirit in Motion Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	kto@tpg.com.au 0412 070 439	Meditation Teacher Chair Yoga Instructor Holistic Counselling

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Sydney, NSW, Australia	Sun & Moon Healings	hypocash_01@hotmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development		Chair Yoga Instructor Holistic Counselling
Sydney, NSW, Australia	Wei Zhong CHEN	wzchen168@hotmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0423 738 850	Chair Yoga Instructor Holistic Counselling
Sydney, Australia	Elizabeth Kane	liz-kane@hotmail.co.uk	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0475 725 148	Chair Yoga Instructor Holistic Counselling
Sydney, Australia	Sun S Reed	sunyoung1906@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0422 379 948	Chair Yoga Instructor Holistic Counselling

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Sydney, Australia	The Heartspace Connect	info@theheartspaceconnect.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0401 606 731 Diploma in Meditation Teaching and Holistic Counselling Yoga Teacher Reiki Healing Practitioner Theta Healing Practitioner Postgraduate Certificate in Grief and Loss Counselling Postgraduate Certificate in Brain Body Medicine Postgraduate Certificate in Advanced Holistic Counselling	Chair Yoga Instructor Holistic Counselling
Sydney, NSW	Moonlight Mindset Coaching & Holistic Counselling	moonlight@sarahmoon.space	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0426 499 935 Diploma of Meditation Therapy & Holistic Counselling Certificate in Inner Child Healing Certificate in Mind Body Medicine Certificate in ANSR Certificate in Advanced Holistic Counselling	Chair Yoga Instructor Holistic Counselling

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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Sydney, NSW	Symmetry meditation Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	katrinaaedly@gmail.com 0473 082 692	Meditation Teacher Holistic Counselling
Sydney, NSW, Australia	Ananda Global Spiritual Centre Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	shobynbhakti@outlook.com 0412 602 749	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Sydney, NSW, Australia	Andrew Hyman Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	andrew@scdcentre.com.au 02 9387 6166	Meditation Teacher Holistic Counselling
Sydney, NSW, Australia	Art2Bloom Mind Body Education Diploma in Holistic Integrated Creative Arts Therapy	Art2Bloom@gmail.com 0477 144 887	MBA Diploma of Holistic Integrated Creative Art Therapy is the use of art, music, drama, dance/movement, poetry/creative writing, play, storytelling and sand play within the context of therapy, counselling, rehabilitation, and holistic healing

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Sydney, NSW, Australia	Inhale Zen Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	inhalezensydney@gmail.com	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Sydney, NSW, Australia	Jayabreetha Keller Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	jayabreetha@icloud.com 0417522001	Meditation Teacher Holistic Counselling
Sydney, NSW, Australia	Liv In Wellness Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	liv@livinwellness.com 0416 650 270	Meditation Teacher Holistic Counselling
Sydney, NSW, Australia	Loren Singleton Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	2205LJS@gmail.com 0452 262 205	Meditation Teacher Holistic Counselling
Sydney, NSW, Australia	Luke Edmunds Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	luke.j.edmunds@gmail.com 0468 514 638	Meditation Teacher Holistic Counselling

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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Sydney, NSW, Australia	Natalie Daniele	nataliebdaniele@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0404 775 817	Chair Yoga Instructor Holistic Counselling
Sydney, NSW, Australia	Sharon Bramble	anam108cara@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development		Chair Yoga Instructor Holistic Counselling
Sydney, NSW, Australia	Virginia Rudenno	virginia@masteringyourself.com.au	Meditation Teacher
	Mind Body Education Advanced Diploma in Meditation Therapy and Holistic Counselling		Chair Yoga Instructor Holistic Counselling
Tamworth	Wendy Welzel	wendee.wellbeing@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development		Chair Yoga Instructor Holistic Counselling
The Entrance, NSW, Australia	Meditation Teaching & Holistic Counselling Services	lsampaio333@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0413 633 384	Holistic Counselling

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Thirlmere, NSW, Australia	Wollondilly Hot Rocks	wollondillyhotrocks@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0448 233 722	Chair Yoga Instructor Holistic Counselling
Thirroul, NSW, Australia	Sublime Reiki	sublimereiki2u@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0421 603 881	Holistic Counselling
Tweed Shire	GG ARTS	GG-ARTS@outlook.com	MBEd Diploma of Holistic Integrated Creative Art Therapy is the use of art, music, drama, dance/movement, poetry/creative writing, play, storytelling and sandplay within the context of therapy, counselling, rehabilitation, and holistic healing
	Mind Body Education Diploma in Holistic Integrated Creative Arts Therapy	0497 109 310	
Wagga Wagga	Anavah Mindfulness and Meditation	anavah.mindfulness@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0420 282 695 Certificate in Meditation Teaching and Holistic Counselling Chair Yoga Instructor	Chair Yoga Instructor Holistic Counselling

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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Wagga Wagga NSW	Carolyn's Creative Arts Therapy Mind Body Education Diploma in Holistic Integrated Creative Arts Therapy	carcar40odd@hotmail.com 0458 719 335	MBEd Diploma of Holistic Integrated Creative Art Therapy is the use of art, music, drama, dance/movement, poetry/creative writing, play, storytelling and sand play within the context of therapy, counselling, rehabilitation, and holistic healing
Wedderburn	Inspire Holistic Training College Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	inspiremetherapy@gmail.com 0452 457 717	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Wolumla, NSW, Australia, 2550	Benjamin John Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	healingwithbenjaminjohn@outlook.com 0421 579 996	Meditation Teacher Chair Yoga Instructor Holistic Counselling

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