



AUSTRALIAN CAPITAL TERRITORY

Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
ACT, Australia	Cristel Matthews Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	csmatthews3@gmail.com 0436 260 000	Meditation Teacher Chair Yoga Instructor Holistic Counselling
ACT, Australia	Moments of Peace Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	momentsofpeace444@gmail.com 0481 141 844 Advanced Diploma in Meditation Therapy and Holistic Counselling Master Practitioner of Hypnotherapy	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Canberra	Jessica Read, Inspired Life Collective Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	jessica@inspiredlifecollective.com.au 0435 826 086	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Canberra	Rachel Benney Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	rachel.benney@act.gov.au 0438 342 979	Meditation Teacher Chair Yoga Instructor Holistic Counselling

Disclaimer: The practitioners listed within the IMTTA directory are registered with the International Meditation Teachers and Therapists Association having completed an accredited training course with an approved training organisation. All practitioners are advised to acquire the relevant police check, first aid certificate, working with children/seniors/disability cards along with insurance. The IMTTA is not affiliated with, nor can it take responsibility for the actions of any individual member and practitioner.



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Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Canberra	Sue Dowling Counselling Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	suedowlingcounselling@gmail.com 0408 231 167	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Canberra	Yoga Pathways Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	lou.nulley@gmail.com 0412 271 497	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Canberra ACT	Willow Tree Healing Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	willowtreehealing@gmail.com 0421 916 766 Certificate in Meditation Teaching Cert Holistic Counselling Cert Chair Yoga Instructor	Meditation Teacher Chair Yoga Instructor Holistic Counselling
Canberra, ACT, Australia	Melissa Austen Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	melissa.l.austen@gmail.com	Meditation Teacher Chair Yoga Instructor Holistic Counselling

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