

Location	Name and Qualifications	Contact Details and Further Qualifications	Services and Classes Offered
Canberra	Holistic support and empowerment coach  Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	mandifmurphy@me.com  0419 760 550	Meditation Teacher Chair Yoga Instructor Holistic
			Counselling
ACT, Australia	Cristel Matthews	csmatthews3@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0436 260 000	Chair Yoga Instructor
			Holistic Counselling
ACT, Australia	Moments of Peace	momentsofpeace444@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	Advanced Diploma in Meditation Therapy and Holistic Counselling  Master Practitioner of Hypnotherapy	Chair Yoga Instructor Holistic Counselling
Canberra	Jessica Read, Inspired Life Collective  Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	jessica@inspiredlifecollective.com.au 0435 826 086	Meditation Teacher  Chair Yoga Instructor  Holistic Counselling



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Canberra	Rachel Benney  Mind Body Education  Certificate in Meditation	rachel.benney@act.gov.au 0438 342 979	Meditation Teacher Chair Yoga
	Teaching and Holistic Human Development		Instructor Holistic
			Counselling
Canberra	Sue Dowling Counselling	suedowlingcounselling@gmail.com	Meditation Teacher
	Mind Body Education	0408 231 167	
	Certificate in Meditation Teaching and Holistic Human Development		Chair Yoga Instructor
	Haman Bovolopmont		Holistic Counselling
Canberra	Yoga Pathways	lou.nulley@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation	0412 271 497	Chair Yoga
	Teaching and Holistic Human Development		Instructor
			Holistic Counselling
Canberra ACT	Willow Tree Healing	willowtreehealing@gmail.com	Meditation Teacher
	Mind Body Education Certificate in Meditation	0421 916 766	Chair Yoga
	Teaching and Holistic Human Development	Certificate in Meditation Teaching	Instructor
	·	Cert Holistic Counselling	Holistic Counselling
		Cert Chair Yoga Instructor	
Canberra, ACT,	Melissa Austen	melissa.l.austen@gmail.com	Meditation Teacher
Australia	Mind Body Education		



Location	Name and Qualifications Certificate in Meditation Teaching and Holistic Human Development	Contact Details and Further Qualifications	Services and Classes Offered Chair Yoga Instructor Holistic Counselling
Canberra, ACT, Australia	Heart-Centred Holistic Counselling (Angela Sculthorpe)  Mind Body Education Diploma in Holistic Integrated Creative Arts Therapy	angela.sculthorpe@bigpond.com  0421812561	MBEd Diploma of Holistic Integrated Creative Art Therapy is the use of art, music, drama, dance/movemen t, poetry/creative writing, play, storytelling and sand play within the context of therapy, counselling, rehabilitation, and holistic healing
ACT Australia	Hinoki Healing (Naomi Buchecker)	hinoki.healing@outlook.com	Meditation Teacher
	Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	0456966841	Chair Yoga Instructor Holistic Counselling
Canberra, ACT, Australia	Michael Chertok  Mind Body Education Certificate in Meditation Teaching and Holistic Human Development	mikecherry866@gmail.com  0438 631 688	Meditation Teacher Chair Yoga Instructor Holistic



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			Counselling